

Eastern Kentucky University
Department of Family & Consumer Sciences
Suggested Curriculum Guide for
General Dietetics (B.S.)

FRESHMAN YEAR

First Semester-Freshman Year		Hrs.	Second Semester-Freshman Year		Hrs.
HSO 100	Health Sciences Orientation	1	NFA 121*	Intro to Food Comp & Prep	3
Gen Ed 1A	Written Communication	3	CHE 102**	Introductory Chemistry II	3
Gen Ed 3A	Arts	3	CHE 102L**	Introductory Chemistry II Laboratory	1
CHE 101**	Introductory Chemistry I	3	Gen Ed 1B	Written Communication	3
CHE 101L**	Introductory Chemistry Lab I	1	Gen Ed 1C	Oral Communication	3
NFA 201*	Essentials of Nutrition	3	PSY 200**	Introduction to Psychology (5B)	3
			NFA 202*	Intro to Dietetics Profession	1
Total		14	Total		17

SOPHOMORE YEAR

First Semester-Sophomore Year		Hrs.	Second Semester-Sophomore Year		Hrs.
			<i>apply to program</i>		
NFA 317*	Nutrition in the Life Cycle	3	Gen Ed 5A	Historical Sciences	3
STA 215**	Intro to Statistical Reasoning	3	Gen Ed 3B	Humanities	3
Gen Ed 4	Sciences	3	ACC 201**	Intro to Financial Accounting	3
Gen Ed 6	Diversity of Perspectives & Experiences	3	BIO 171**	Human Anatomy	3
CIS 212 or INF 104**	Intro. to Computer Info. Systems or Computer Literacy w/Software App.	3	Gen Ed 6	Diversity of Perspectives & Experiences	3
Total		15	Total		15

JUNIOR YEAR

First Semester-Junior Year		Hrs.	Second Semester-Junior Year		Hrs.
NFA 323*	Experimental Foods	3	NFA 301*	Bio-Nutrition	3
NFA 310*	Junior Seminar	3	NFA 303*	Nutrition Education & Counseling	3
BIO 301**	Human Physiology	3	NFA 344*	Institutional Purchasing	3
NFA 325*	Quantity Food Production	3	EHS 380**	Food Hygiene	3
NFA 326*	Field Experience in Quantity Food Production	3	NFA 349*	Co-operative Study in Nutrition	1
			EMC 105**	Survey of Medical Terminology	1
Total		15	Total		14

SENIOR YEAR

First Semester-Senior Year		Hrs.	Second Semester-Senior Year		Hrs.
CDF 132	Introduction to the Family	3	NFA 411*	Community Nutrition	3
NFA 401*	Human Nutrition I	3	NFA 403*	Medical Nutrition Therapy II	3
NFA 402*	Medical Nutrition Therapy I	3	NFA 445*	Food Service Organization & Mgmt.	3
NFA 412W*	Research Applications in Nutrition	3	NFA 404*	Human Nutrition II	3
	Elective	3		Elective	3
TOTAL		15	TOTAL		15
TOTAL CURRICULUM HOURS					120

Program admission: ≥45 hrs; GPA 3.0; B or better for highlighted courses; apply to program in spring semester for fall admission.

Graduation: GPA 3.0; C or better in all major* & supporting** courses (excluding those with B required)