

Eastern Kentucky University
Department of Family & Consumer Sciences
Suggested Curriculum Guide for
General Dietetics (B.S.)

| FRESHMAN YEAR | | | | | |
|--------------------------------------|---|-------------------------------|---------------------------------------|---|-------------|
| First Semester-Freshman Year | | Hrs. | Second Semester-Freshman Year | | Hrs. |
| HSO 100 | Health Sciences Orientation | 1 | NFA 121 | Intro to Food Comp & Prep | 3 |
| Gen Ed 1A | Written Communication | 3 | CHE 102 | Introductory Chemistry II | 3 |
| Gen Ed 3A | Arts | 3 | CHE 102L | Introductory Chemistry II Laboratory | 1 |
| CHE 101 | Introductory Chemistry I | 3 | Gen Ed 1B | Written Communication | 3 |
| CHE 101L | Introductory Chemistry Lab I | 1 | Gen Ed 1C | Oral Communication | 3 |
| NFA 201 | Essentials of Nutrition | 3 | PSY 200 | Introduction to Psychology (5B) | 3 |
| NFA 202 | Intro to Dietetics Profession | 1 | | | |
| Total | | 15 | Total | | 16 |
| SOPHOMORE YEAR | | | | | |
| First Semester-Sophomore Year | | Hrs. | Second Semester-Sophomore Year | | Hrs. |
| NFA 317 | Nutrition in the Life Cycle | 3 | Gen Ed 5A | Historical Sciences | 3 |
| STA 215 | Intro to Statistical Reasoning | 3 | Gen Ed 3B | Humanities | 3 |
| Gen Ed 4 | Sciences | 3 | ACC 201 | Intro to Financial Accounting | 3 |
| Gen Ed 6 | Diversity of Perspectives & Experiences | 3 | BIO 171 | Human Anatomy | 3 |
| CIS 212 or INF 104 | Intro. to Computer Info. Systems or Computer Literacy w/Software App. | 3 | Gen Ed 6 | Diversity of Perspectives & Experiences | 3 |
| Total | | 15 | Total | | 15 |
| JUNIOR YEAR | | | | | |
| First Semester-Junior Year | | Hrs. | Second Semester-Junior Year | | Hrs. |
| NFA 303 | Nutrition Education & Counseling | 3 | NFA 301 | Bio-Nutrition | 3 |
| NFA 310 | Junior Seminar | 2 | CDF 132 | Family Living | 3 |
| BIO 301 | Human Physiology | 3 | NFA 344 | Institutional Purchasing | 3 |
| NFA 325 | Quantity Food Production | 3 | EHS 380 | Food Hygiene | 3 |
| NFA 326 | Field Experience in Quantity Food Production | 3 | NFA 349 | Co-operative Study in Nutrition | 1 |
| | | | EMC 105 | Survey of Medical Terminology | 1 |
| | | | | Elective | 1 |
| Total | | 14 | Total | | 15 |
| SENIOR YEAR | | | | | |
| First Semester-Senior Year | | Hrs. | Second Semester-Senior Year | | Hrs. |
| NFA 323 | Experimental Foods | 3 | NFA 411 | Community Nutrition | 3 |
| FCS 400W | Ethics and Advocacy | 3 | NFA 403 | Medical Nutrition Therapy II | 3 |
| NFA 401 | Human Nutrition I | 3 | NFA 445 | Food Service Organization & Mgmt. | 3 |
| NFA 402 | Medical Nutrition Therapy I | 3 | NFA 404 | Human Nutrition II | 3 |
| NFA 412 | Research Applications in Nutrition | 3 | | Elective | 3 |
| TOTAL | | 15 | TOTAL | | 15 |
| | | TOTAL CURRICULUM HOURS | | | 120 |